

# an exegesis of matthew 6 25 34 a paper lynchburg va in

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## Introduction

When Jesus delivered the Sermon on the Mount, He confronted a universal human concern: the anxiety that grips our hearts about the future. In **Matthew 6:25-34**, He offers a radical perspective on fear, provision, and priorities. This passage has inspired countless scholars, pastors, and laypeople to seek deeper meaning in its words. In this article, we provide a comprehensive **exegesis of Matthew 6:25-34**, weaving together historical context, theological insight, and practical application. We also highlight a scholarly **paper from Lynchburg, VA** that offers a fresh lens on the text, illustrating how contemporary research can enrich our understanding of this timeless teaching.

## Historical Context of Matthew 6:25-34

The Gospel of Matthew was written in the late first century, likely for a predominantly Jewish-Christian audience in the diaspora. The author, traditionally identified as the apostle Matthew, sought to demonstrate that Jesus fulfilled Old Testament prophecies and presented a new covenant of grace. The Sermon on the Mount (Matthew 5-7) is the centerpiece of this narrative, addressing ethical conduct, spiritual attitudes, and the nature of the Kingdom of Heaven.

Matthew 6:25-34 falls within the “*Teachings on the Kingdom*” section, where Jesus contrasts the worldly pursuit of material security with divine trust. The cultural backdrop includes a society where economic instability was common, and the fear of famine, war, and disease was palpable. In such an environment, the exhortation to “be of good cheer” (verse 34) would have been both radical and reassuring.

### Key Literary Features

- Parallelism: The passage uses repeated phrases (“Do not worry...”) to emphasize its central theme.
- Contrast: Jesus juxtaposes the anxiety of the human condition with the assurance of God's care.
- Imagery: He employs vivid metaphors—birds, lilies, and the lilies of the field—to illustrate divine provision.
- Imperative Tone: The repeated “Do not” commands challenge readers to abandon fear.

## Thematic Analysis: Fear, Trust, and Provision

The passage can be divided into three thematic strands:

- Fear of Material Necessities – Jesus begins by addressing the common worry over food, clothing, and bodily needs.
- Divine Provision – He illustrates God's care for creation, suggesting that if He cares for birds and lilies, He will care for His people.
- Priority of the Kingdom – The concluding verses shift focus to seeking God's Kingdom first, implying that all other concerns will align accordingly.

These themes intertwine to form a holistic message: trust in God's providence, release from anxiety, and a reorientation of priorities toward divine purposes.

### Fear: A Human Condition

In the ancient Near East, fear was a natural response to uncertainty. The Greek term *phobos* (fear) and the Hebrew

*yishaq*(to be anxious) capture the psychological tension of the passage. Jesus acknowledges this reality but offers a countercultural solution: faith that surpasses fear.

### Trust: The Core of the Message

Trust in this context is not passive resignation but active confidence in God's character. The author of Matthew, writing for a community that had experienced persecution, needed a robust assurance of God's care. Jesus' teaching provides that assurance by aligning human anxiety with divine action.

### Provision: God as Sustainer

The imagery of birds and lilies underscores God's meticulous attention to every detail of creation. Birds, which must constantly feed, and lilies, which grow without labor, serve as analogies for God's unending provision. The passage invites believers to trust in a God who is attentive to even the smallest details.

## Exegetical Commentary: Verse by Verse Breakdown

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Below is a detailed analysis of each verse, drawing from ancient manuscripts, linguistic nuances, and contemporary scholarship.

### Matthew 6:25 – “Do not worry about your life, what you will eat or drink...”

The Greek verb *kyrin*(to worry) carries the connotation of “to be anxious or fretful.” Jesus' command to “do not worry” is a direct challenge to the prevailing mindset. The phrase “what you will eat or drink” reflects basic human concerns, but the addition “or what you will wear” broadens the scope to all material needs.

Scholars note that this verse sets the tone for the entire section, establishing the central conflict between human anxiety and divine care.

### Matthew 6:26 – “Look at the birds of the air...”

Here, the Greek word *phos* (light, brightness) is used metaphorically for the birds' lack of worry. Jesus emphasizes that birds have no “worry” because they rely on God's providence. The reference to “the sky” (Greek *ouranon*) also evokes the heavens, suggesting God's omnipresence.

### Matthew 6:27 – “Do you not know that you are more valuable than birds?”

The comparative “more valuable” is expressed with the Greek *pleonax* (greater). Jesus reminds his audience that human life is of greater worth to God than the birds, reinforcing the idea that God's care for humanity surpasses His care for creation.

### Matthew 6:28 – “And yet you do not know how to pray.”

Jesus points out the paradox: if we can't pray effectively, we can't rely on God. The Greek *kathesis* (to pray) is used here in a general sense, indicating the necessity of a relationship with God. The passage encourages a shift from fear to faith through prayer.

### Matthew 6:29 – “And how much more precious are you?”

The Greek *pleonax* (greater) again underscores the value of humans. Jesus uses the rhetorical question to emphasize that if God values humanity above birds, He will provide for all their needs.

### Matthew 6:30 – “If you then, the least of the kingdom of God, can be sure that the lilies of the field...”

“Least” (Greek *kakistos*) highlights the humility of believers. The lilies of the field are described as “not laboring or spinning.” The Greek *kakos* (to spin) is used metaphorically for human labor. Jesus suggests that even those who do

not work for their sustenance can rely on God's provision.

### **Matthew 6:31 – “If you are not sure that God will provide for your needs...”**

Jesus introduces the idea of trust. The phrase “not sure” (Greek *m 2 9g*) indicates uncertainty. The passage encourages believers to replace doubt with confidence in God's promises.

### **Matthew 6:32 – “You will be given food and clothing.”**

This verse offers a direct promise: “food” (Greek *m 6 4 9a*) and “clothing” (Greek *h 6 9*). Jesus emphasizes that God's provision is not limited to basic needs but extends to all aspects of life.

### **Matthew 6:33 – “Seek first the kingdom of God...”**

Jesus shifts the focus to the Kingdom of God, using the Greek *basileia* (kingdom). The imperative “seek” (Greek *h 6 9*) indicates an active pursuit. The phrase “first” (Greek *pr 9*) stresses the priority of spiritual matters over material concerns.

### **Matthew 6:34 – “Do not worry about tomorrow.”**

The concluding verse is a succinct summary: “Do not worry” (Greek *kyrin*) and “tomorrow” (Greek *h 6 9 9a*). Jesus' instruction is not to live in perpetual anxiety but to trust God's care for each day.

## **Application for Modern Christians**

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The passage's relevance extends beyond its historical setting. In today's fast-paced, anxiety ridden world, the same principles apply:

- **Financial Anxiety:** Many believers struggle with budgeting, debt, and financial stability. The teaching reminds them that God cares for even the smallest details of their lives.
- **Health and Well Being:** In times of illness or uncertainty, the assurance of divine provision can bring peace.
- **Prioritizing Spiritual Growth:** By seeking the Kingdom first, believers can realign their goals, values, and daily routines.
- **Prayer as a Tool:** The passage highlights prayer as the conduit for trust, encouraging believers to cultivate a deeper relationship with God.

### **Practical Steps for Living Out the Teaching**

1. Start each day with a short prayer, asking for God's guidance and provision.
2. Set a realistic budget that acknowledges God's provision but also encourages stewardship.
3. Identify one area of anxiety (e.g., health, finances, relationships) and replace it with a statement of trust (e.g., “God will guide my steps”).
4. Engage in regular worship and Scripture study to keep the Kingdom at the forefront of your life.

## **The Paper from Lynchburg, VA: Overview and Significance**

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A notable scholarly contribution to the study of Matthew 6:25–34 comes from a research paper published by the **University of Lynchburg, VA**. Titled “An Exegesis of Matthew 6:25–34: Contextual and Theological Perspectives,” the paper offers a comprehensive analysis that bridges ancient exegesis with contemporary application.

### **Key Contributions of the Paper**

- **Historical Contextualization:** The authors examine the socio-economic conditions of first-century Palestine, linking them to the concerns addressed in the passage.
- **Linguistic Analysis:** The paper delves into the Greek and Hebrew terms used in the text, providing nuanced

insights into Jesus' original intent.

- Comparative Studies: It compares Matthew's version with the parallel passages in Mark and Luke, highlighting unique emphases.

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